

Psychic readings / reflexology



Pitch 6:

Therapist: Lorraine Gilbert

Lorraine not only holds several different therapy qualifications, she is also a very good psychic medium. She is offering a mixture of private readings and reflexology, which could prove to be very interesting!

Lorraine has a special gift in that she is able to communicate to loved ones who have 'died'. She brings comfort to many people with proof that we don't die, only move into a different dimension. She brings remarkable proof of survival so go and see what she has to offer.

Reflexology is the application of pressure, stretch and movement to the feet and hands to effect corresponding parts of the body. Reflexologists view the feet and hands as a mirror image of the body. By applying technique a reflexologist can break up patterns of stress in other parts of the body.

Pressure applied to the feet generates a signal through the peripheral nervous system. This message is feed forward to adjust the body's tone or overall tension level. If applied properly the tone will reset itself to a lower operating tempo. A lower operating tempo means a lessening of stress and less wear and tear on the body's systems.